

"Think of Energy, Frequency and Vibration"

Hz	Brainwave Activity	Frequency Description
1.600	"Ultra" Beta	<p>WLAN//WI-FI/wireless Internet/network and microwave ovens transmit at the ultra high frequency 2,45 GHz which disturbs the brain's own clock frequency. WLAN pulsation varies. The frequencies of the microwave oven change the molecules and contaminate the inner and outer environment. Increasing infertility and cell mutations are the consequences. Bluetooth technology, e.g. the wireless headset transmits with a pulsation of 1600 Hz in the frequency band 2,45 GHz (= 2450 MHz)</p> <p>Mobile phones = 217 electroshocks per second into the nervous system = the wireless society short-circuits us and we suffer from disconnexion syndrome.</p> <p>3G mobile phones transmit by significantly more powerful intensity and the pulsation varies. This unnatural intruder causes electrostress which "might" lead to brain stress due to the rapid pulsating electroshocks per second. We become electric and are being disconnected from the Now. The EU REFLEX study from 2003 with 12 research teams from 7 nations proved that our DNA is damaged and cell mutations occur. The results confirm the Freiburg Appeal from 2002 with more than 1.300 worried doctors, the Bamberger Appeal from 2004, and the Bamberger doctor's letter from 2006.</p> <p>Cordless DECT phones = 100 electroshocks per second into the nervous system</p> <p>Cordless DECT technology in private homes or in companies transmit at a frequency pulsating at 100 Hz - non-stop 24/7/365. When connected to the mains and switched on it transmits, also when it is on stand by. The intensity of cordless phones connected to traditional wired phone systems are much higher than the intensity of cell phones. The base unit equals a mobile phone antenna - just this one is often placed on bed tables or close to where people live, eat, and sleep. It disturbs our brain's centre for sleep, life energy, and recovery in the Alpha state - we burn out. The base of the brain vibrates at 100 Hz - but not pulsated. That is our centre for creativity and important for spiritual development - getting to know one self. Disturbances create a chain reaction throughout the entire endocrine system and there-by cause hormonal disturbances - infertility?</p>
217		<p>The electric current in the mains oscillate at 50/60 Hz</p> <p>Even the AC (alternating current) in television sets, computers and the switches in ordinary homes influence our cells in an unnatural way. The term electrostress has been known as a medical disease in several countries since at least 1969.</p> <p>We are being disconnected from the wisdom of the Now by so-called knowledge</p> <p>Stress, fear, anxiety, depression, and burn out constantly increase when we are bombarded with knowledge and information through all channels. We are being held in a state of "High" Beta. We become more aggressive, impatient, and short-minded. We become imprisoned in our mind - the MATRIX left brain mentality = limitation and resistance.</p>
100	"Hyper" Beta	<p>At 33 Hz and above nervousness, panic, and anxiety starts</p>
50	"High" Beta	<p>Consciousness constantly alert, increase of stress, "fight or flight mechanism"</p> <p>Thinking and concentration. Alertness, analytical problem solving, tense, stress, agitation, discord, and mental unbalance. As the frequency increases we disconnect more and more from what is in the Now. The joy of Life decreases. Our joy centre in the brain vibrates at 17,5 Hz. TETRA mobile phones transmit with a pulsating frequency of 17,65 Hz which seriously disturbs the Calcium-ion flow in and out of the cells of the brain. Police and rescue services all over Europe are destined to use TETRA systems.</p>
33	Beta	<p>Responsibility and action = always in the Now = Flow. Accept is the first step</p> <p>Living in the Now is the key to understanding and new consciousness. A state of calmness. Light awareness and alertness. Increased learning ability and sensitiveness. A state of Unity between body and Spirit. It is a relaxed, harmonious, energized awakened state like a light meditation. We are aware and present in the Now in Alpha - den real world. The Limbic Centre in the brain vibrates with 12,5 Hz - it is the centre for sleep. Life energy, healing, and recovery. The limbic centre is closely related to our feelings. The Pineal Gland is the superior gland in the brain. It vibrates at 10 Hz being the frequency for our nerve and time centre. The Pineal Gland produces the transmitter Melatonin which controls and regulates the other hormone producing glands and the immune system. Melatonin is particularly being produced at night where we are asleep. Darkness and silence are both very important factors. Melatonin has a protecting effect against cancer. The Pineal Gland is very sensitive towards electromagnetic influences. Both light and sounds are electromagnetic signals at different frequencies. Microwaves affect all cells and especially the Pineal Gland. Imbalance in the Pineal Gland causes increased mental activity which "might" lead to burn out syndrome.</p>
13	Alpha & omega	<p>Meditative state. Deep relaxation. Increased creativity and vivid imagination. Access to what is normally unconscious potential. Connected-ness in general is acknowledged in a wider context. Being able to connect-the-dots of the "big picture".</p>
7	Theta	<p>Regeneration and harmonious balance. The frequency band 3-12,5 Hz is the vitality "field". We "recharge", recover, and maintain homeostasis - the dynamic balance that keeps us alive. Our immune system strengthen, and our sleep is invigorating. In this field we get energy, Life force, and the power needed for a modern Life style.</p>
3	Delta	<p>Very deep relaxation. Deep sleep. Trance. Deep hypnosis.</p>
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